

# LifeFacilitation® Institute

by Ella Scheinwald

**Class Schedule: February 21, 2012 – April 30, 2012 (All classes are 1 hour, except where noted)**

## **Part 1 – Monday/Wednesday Classes**

Wed, Feb 22, 1:00PM Intro to Integrative Coaching – Methodology A to A  
Mon, Feb 27, 1:00PM Personal Foundation 1  
Wed, Feb 29, 1:00PM Language for Effective Integrative Coaching  
Mon, Mar 5, 1:00PM Powerful Questions for Powerful Coaching  
Wed, Mar 7, 1:00PM Listening – How to be Present in the Coaching Dialogue  
Mon, Mar 12, 1:00PM Personal Foundation 2  
Wed, Mar 14, 1:00PM Changes, Transitions & Strategies  
2:00PM Group Practice 1 (30 minutes)  
Mon, Mar 19, 1:00PM Personal Foundation 3  
Wed, Mar 21, 1:00PM Elements of Psychology in Integrative Coaching  
Mon, Mar 26, 1:00PM Questioning & Listening  
2:00PM Group Practice 2 (30 minutes)  
Wed, Mar 28, 1:00PM Personal Foundation 4  
Mon, Apr 2, 1:00PM Group Practice 3

## **Part 1 – Tuesday/Thursday Classes**

Tue, Feb 21, 6:00PM Intro to Integrative Coaching – Methodology A to A  
Thu, Feb 23, 6:00PM Personal Foundation 1  
Tue, Feb 28, 6:00PM Language for Effective Integrative Coaching  
Thu, Mar 1, 6:00PM Powerful Questions for Powerful Coaching  
Tue, Mar 6, 6:00PM Listening – How to be Present in the Coaching Dialogue  
Thu, Mar 8, 6:00PM Personal Foundation 2  
Tue, Mar 13, 6:00PM Changes, Transitions & Strategies  
7:00PM Group Practice 1 (30 minutes)  
Thu, Mar 15, 6:00PM Personal Foundation 3  
Tue, Mar 20, 6:00PM Elements of Psychology in Integrative Coaching  
Thu, Mar 22, 6:00PM Questioning & Listening  
7:00PM Group Practice 2 (30 minutes)  
Tue, Mar 27, 6:00PM Personal Foundation 4  
Thu, Mar 29, 6:00PM Group Practice 3

*PART 2 CLASSES – NEXT PAGE*

## **Part 2 – Monday/Wednesday Classes**

Wed, Apr 4, 1:00PM Meaning & Fulfillment – as part of Personal Foundation

Mon, Apr 9, 1:00PM Dilemmas & Decision-Making

Wed, Apr 11, 1:00PM Coach Executives, Entrepreneurs & Professionals

2:00PM Group Practice 4 (30 minutes)

Mon, Apr 16, 1:00PM Insights & Intuition

Wed, Apr 18, 1:00PM Conflict Resolution

Mon, Apr 23, 1:00PM Leadership Styles and Impact on Organizations

2:00PM Group Practice 5 (30 minutes)

Wed, Apr 25, 1:00PM Conflict Resolution

Mon, Apr 30, 1:00PM Group Practice 6

## **Part 2 – Tuesday/Thursday Classes**

Tue, Apr 3, 6:00PM Meaning & Fulfillment – as part of Personal Foundation

Thu, Apr 5, 6:00PM Dilemmas & Decision-Making

Tue, Apr 10, 6:00PM Coach Executives, Entrepreneurs & Professionals

7:00PM Group Practice 4 (30 minutes)

Thu, Apr 12, 6:00PM Insights & Intuition

Tue, Apr 17, 6:00PM Conflict Resolution

Thu, Apr 19, 6:00PM Leadership Styles and Impact on Organizations

7:00PM Group Practice 5 (30 minutes)

Tue, Apr 24, 6:00PM Conflict Resolution

Thu, Apr 26, 6:00PM Group Practice 6